

“How do I stay
connected during
the teen years?”

Start with a
first step.


**Start Making
The Difference.**

Learn More.

PAStart.org

Commonwealth Prevention Alliance **CPA**

Paid for with Pennsylvania taxpayer dollars.



“How do I guide
my child to make
positive choices?”

Start with a
conversation.


Start Making The Difference.

Learn More.

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A person's arm and hand are shown holding a child's hand. The person is wearing a dark blue long-sleeved shirt, and the child is wearing a white shirt with blue horizontal stripes. The background is a soft-focus sunset or sunrise over a body of water, with warm orange and yellow light on the horizon.

“How do I help
my child cope with stress?”

Start by
listening.

Start Making The Difference.

Learn More.

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A photograph of a man and a young boy standing outdoors. The man, on the left, is bald and wearing a dark blue sweater. He has his arm around the boy's shoulder. The boy, on the right, has dark hair and is wearing a light blue sweater. They are both looking away from the camera towards the right. The background is a soft-focus view of trees and foliage, suggesting a park or natural setting. The lighting is warm, possibly from the sun being low in the sky.

“How do I guide my child
to make positive choices?”

**Start with
a talk.**

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“How do I teach my child
about racial equity?”

Start setting
an example.

Start Making The Difference.

Learn More.

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“How do I keep
my child off drugs?”

**Start with
the facts.**

Start Making The Difference.

Learn More.

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