

“How do I stay  
connected during  
the teen years?”

**Start** with a  
first step.

**Start Making  
The Difference.**


**Learn More.**

**PAStart.org**

Commonwealth Prevention Alliance **CPA**

Paid for with Pennsylvania taxpayer dollars.





“How do I guide  
my child to make  
positive choices?”

**Start** with a  
**conversation.**

**Start Making The Difference.**


**Learn More.**

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A person's arm and hand are shown holding a child's hand. The person is wearing a dark blue long-sleeved shirt, and the child is wearing a white t-shirt with blue horizontal stripes. They are standing outdoors, with a blurred background of a sunset or sunrise over a body of water.

“How do I help  
my child cope with stress?”

**Start** by  
**listening.**

**Start Making The Difference.**

**Learn More.**

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“How do I guide my child  
to make positive choices?”

**Start with  
a talk.**

**Start Making The Difference.**

**Learn More.**

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“How do I teach my child  
about racial equity?”

**Start** setting  
an example.

**Start Making The Difference.**

**Learn More.**

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“How do I keep  
my child off drugs?”

**Start with  
the facts.**

**Start Making The Difference.**

**Learn More.**

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