

“How do I stay
connected during
the teen years?”


Start with a
first step.

**Start Making
The Difference.**

Learn More.

PAStart.org

Commonwealth Prevention Alliance **CPA**

A photograph of a woman with long dark hair hugging a child from behind. The woman is wearing a white t-shirt, and the child is wearing a blue top. The background is a soft-focus outdoor scene with greenery and a bright sky.

“How do I guide
my child to make
positive choices?”

**Start with a
conversation.**

Start Making The Difference.

Learn More.

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A person's arm and hand are shown holding a child's hand. The background is a soft-focus sunset or sunrise over a body of water. The text is overlaid on the image.

“How do I help
my child cope with stress?”

**Start by
listening.**

Start Making The Difference.

Learn More.

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“How do I guide my child
to make positive choices?”

**Start with
a talk.**

Start Making The Difference.

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“How do I teach my child
about racial equity?”

Start setting
an example.

Start Making The Difference.

Learn More.

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A man and a child are shown from the back, looking out over a lush green landscape. The man, on the right, is wearing a light blue short-sleeved shirt and a white helmet. The child, on the left, is wearing a brown t-shirt and a blue helmet. They appear to be on a path or trail. The background is filled with green trees and bushes under bright, natural light.

“How do I keep
my child off drugs?”

**Start with
the facts.**

Start Making The Difference.

Learn More.

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