



“How can I learn  
useful parenting  
techniques?”


**Start** by  
**connecting.**

**Start Making The Difference.**

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A woman with long brown hair is smiling and looking at a laptop screen. A young boy with short brown hair is looking intently at the same screen. They are sitting at a desk with papers and a lamp in the background.


“How do I become  
more engaged with  
my kids?”

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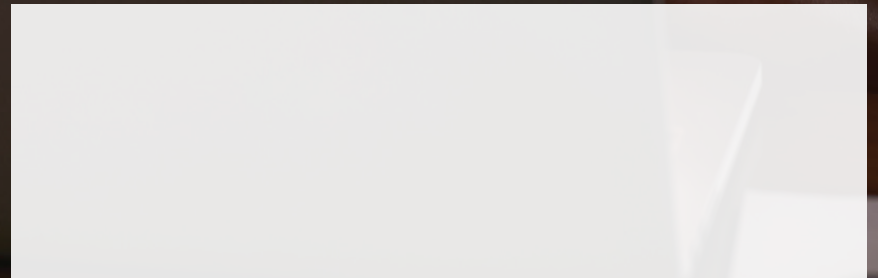
“How do I become  
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“Where can I turn  
to find help for  
my kids?”


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“How can I  
strengthen my  
parenting skills?”

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A woman with dark curly hair and a young girl with dark curly hair are sitting on a grey couch. The woman is holding a laptop and both are smiling and looking at the screen. The girl is wearing a white sweatshirt and jeans, and the woman is wearing a grey sweatshirt and jeans. The background is a plain light grey wall with a small green plant visible on the right.

“What can I do to promote  
healthy choices  
for my kids?”

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A woman with curly hair and a young girl are sitting on a grey couch. The woman is holding a laptop, and both are smiling and looking at the screen. The girl is wearing a white shirt and jeans, and the woman is wearing a grey shirt and jeans. The background is a plain wall with a small potted plant on the right.

“What can I do to promote  
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“How do I stay aware of  
what my kids are going  
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“How do I support my  
child in a rapidly  
shifting world?”

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“How can I help my  
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“How do I protect my  
child from misusing  
drugs and alcohol?”

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A woman with dark hair, wearing a grey hoodie and purple pants, is standing in a gymnasium and talking to a group of four children. The children are looking up at her with interest. The background shows the structure of a gymnasium with metal beams and a basketball hoop.

“How can I be a more  
positive role model  
for my kids?”


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A woman with dark hair, wearing a grey hoodie, is speaking and gesturing with her hands. She is surrounded by four children of diverse backgrounds who are listening attentively. They are in a gymnasium with a basketball hoop visible in the background.

“How can I be a more  
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